

DONNA'S ONE PAGE PROFILE

Caring, Trustworthy, Bit of a Perfectionist (in some ways!)

What is important to Donna?

- Family and close friends
- Feeling 'useful' and in control (pardon the pun)
- Contact & support with/from burns survivors
- Having a laugh and a few glasses of Cava - especially nice in sunny Spain
- Animals - of the furry cute kind not the creepy crawly kind!
- Music - jazz, blues, acoustic, pop ... the list is endless, but do not understand rap (but guess I am not 'cool')
- Trying different vegetarian recipes and tastes
- Not to judge or to be judged
- To not be defeated - try to think 'outside the box'



How best to support Donna?

- Try not to judge me, or others
- Do not speak ill of my family ... I do not bite very often but cross this line and I will not be held responsible!
- Realise when I truly think I am right it is best to let me think I am!
- Be respectful of others and their opinions
- If I do not understand please explain without getting annoyed
- Do not do things for me ... ask first
- Make me laugh - it is the best therapy